

**Erasmus+**

# DEVELOPING EASY TO READ FORMATS FOR PEOPLE WITH INTELLECTUAL DISABILITIES

Lithuania, 2017



Solveiga is 25 years old.

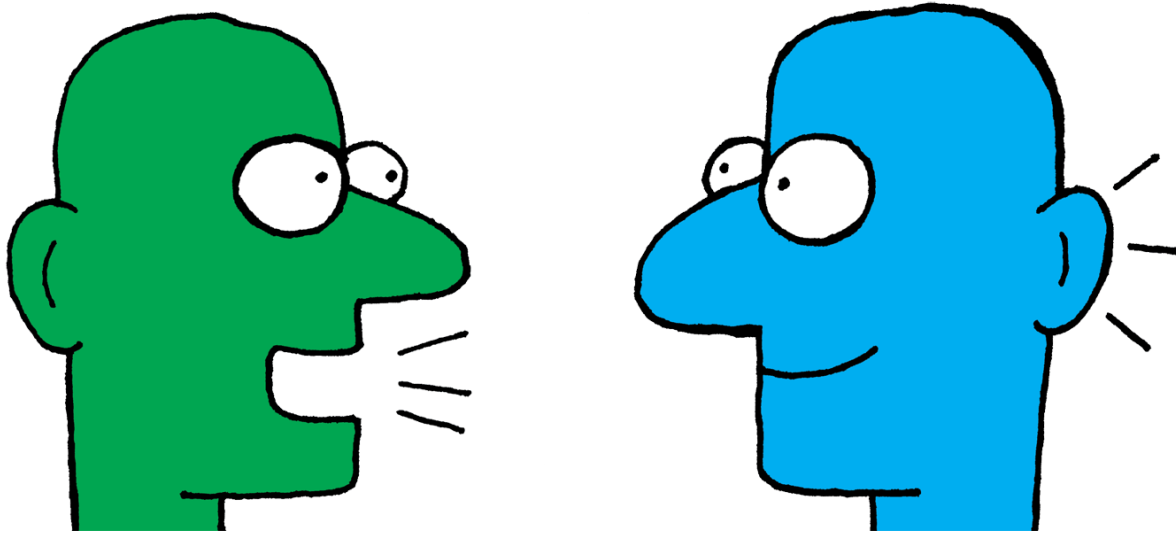
She would like to have a boyfriend, but her mother is against any her daughter's relations with the boys.

Is there any solution?



- families making barriers to the human rights of their adults sons or daughters with ID;
- over protecting;
- treating adult children as small child.

# The plan A



To talk to family, but...

# The plan **B**

- To gather a group of people with ID.
- To make a plan.
- To make series of workshops:
  - disability;
  - human rights;
  - my rights and etc.
- Encourage people with ID to make a tool and to provoke a dialogue in the family.

<https://www.youtube.com/watch?v=61n8Hrtkk6Y>



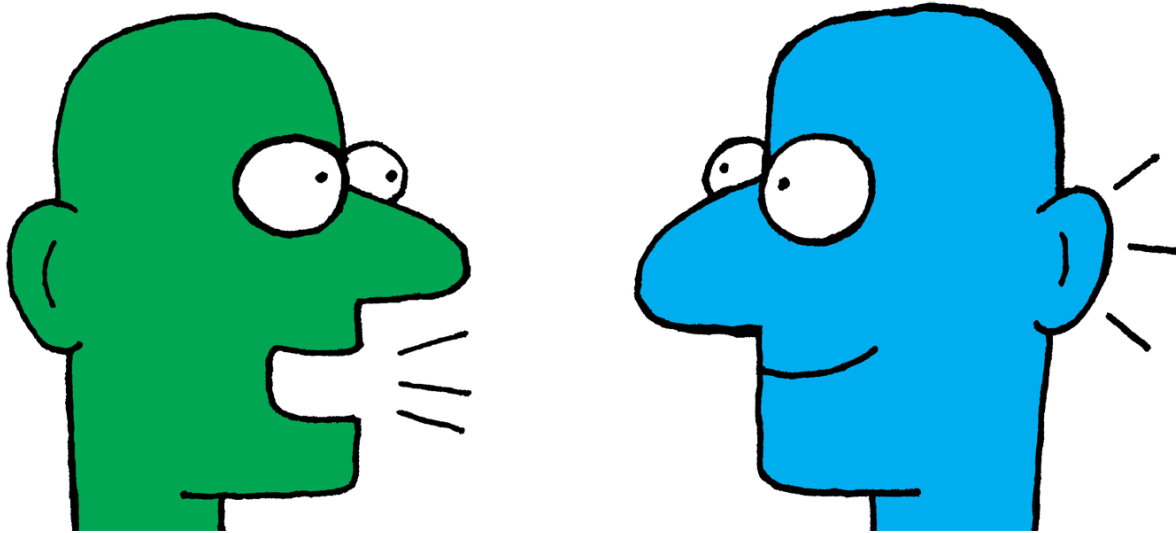


Tomas is 29 years old. He has the girlfriend. He is very outspoken and likes to show attention to his girlfriend.

Sometimes he is very sad. He wants to buy sweets or flowers to his girlfriend, but he has no money.

- The government pays relatively good money to disabled people in Lithuania.
- But his mother controls all his money. His mother is sure her son has no more needs as food and clothes.
- Does Tomas have the right to control his money or to have small pocket money?

# The plan A



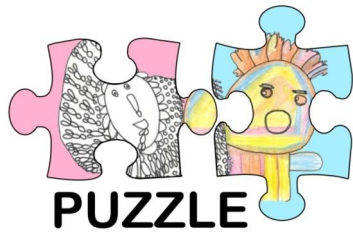
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# The result:

- More and more youngsters at JDC have pocket money.
- Parents started to understand, that their adult children have not just basic physiological and safety needs, but they have belonging, esteem, self-actualization needs as well.

Main task

